Louisiana Office of Public Health Laboratories	
Test Name	Neonatal Galactose-1-phosphate uridyl transferase Kit
PHL Location	Central Laboratory 1209 Leesville Avenue Baton Rouge, Louisiana 70802
CPT Code	82776
Synonyms	GALT
Brief Description of Test	Intended for the quantitative determination of Galactose-1-phosphate uridyl transferase activity in blood specimens dried on filter paper as an aid in screening newborns for classical Galactosemia caused by GALT deficiency.
Possible Results	Normal & Abnormal
Reference Range	Normal $> 3.5$ U/dL; Abnormal $\leq 3.5$ U/dL
Specimen Type	Neonatal Dried Blood Spot
Specimen Container(s):	Shipping Envelopes
Minimum volume accepted:	Minimum of 2 completely filled blood spot circles
Collection Instructions	Blood Specimens should be taken directly from a heel prick onto filter paper and, allowed to dry for at least 3 hours in a horizontal position.
Storage and Transport Instructions	Storage of samples in an environment with elevated temperatures and humidity increases the risk of false positive screening results. Transport or mail the specimen to the laboratory with 24 hours of collection.
Causes for Rejection	Specimen > 14 days old, clotted or layered, serum rings, scratched or abraided, insufficient quantity for testing, not completely dry before mailing, blood applied to both sides of the filter paper, diluted discolored or contaminated, collection using capillary tubes containing EDTA, >12 months old, circles not completely filled.
Limitations of the Procedure	Samples spot not uniformly saturated with blood - sample spots punched too close to the edge of the blood spot - poorly collected and improperly dried specimens - non-eluting blood spot due to deterioration of sample caused by exposure to heat and humidity - contamination of blood spot filter paper with fecal material Heterophilic antibodies in the sample may interfere with the assay (16,17). Hematocrit values in the blood sample may affect the measured hTSH concentration
Interfering Substances	Gluathione did not interfere up to concentrations of 18.8, 37.5 and 56.3 mg/dL blood at sample GALT activities of 3, 6, and 12 U/dL respectively. Glutathione concentrations above these levels caused a decrease of up to 63% of GLAT activity. Galactose-phosphate GAL-1-P concentration of 12.5mg/dL blood interfered with the result of the samples with GALT activities 6 and 12U/dL. The measured GALT result decreased up to 37%. Total protein (HSA) had on effect on the high (12U/dL) activity sample. HAS did not interfere up to added concentration of 3000 mg/dL, which is approximately two times higher than the normal endogenous concentration of normal neonates, at sample GALT activities 3 and 6 U/dL. Added HSA concentrations above this level caused an increase up to 30% in GALT activity.
References	GSP Neonatal GALT package insert
Additional Information	N/A
Release Date	11/2013

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